

Hi, just a reminder that you're receiving this email because you have expressed an interest in Multiple Births Canada (MBC), have been or continue to be a member of MBC. Don't forget to add office@multiplebirthscanada.org to your address book so we'll be sure to land in your inbox!

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April 18th, 2013 - Issue #1

E-NEWS From Multiple Births Canada



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*Supporting
Multiple Births
Together*

Welcome to Multiple Births Canada E-NEWS!

Dear Kim,

Announcing Multiple Births Canada's New Executive Director



The Board of Directors is pleased to announce that Kimberley Weatherall has accepted the permanent half-time position of Executive Director effective April 1, 2013. Many of you know Kim from her dedicated work as Acting Director of Multiple Births Canada, and her many years of informed and passionate volunteering to support families with twins, triplets or more.

Kim served as Chair of MBC from 2004 to 2008. Prior to and after her term as Chair she served MBC in the following positions: Vice Chair, Past Chair, Director of Volunteer Management, Director of Fund Development, Discount and Affiliate Program Coordinator, Chair of a number of MBC Conference planning committees, and Conference Liaison for six MBC Conferences and AGMs. Kim also served in a variety of positions for her local MBC Chapter, Multiple Birth Families Association of Ottawa - Gatineau (Ottawa Twins Parents Association) for over 10 years.

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She has won both the National and International Making A Difference Awards for her volunteer work with MBC. Since 1998 Kim has been a leader and vital driver for the MBC's many activities and accomplishments, particularly becoming a registered Charity in 2012. Kim worked in the non-profit and charitable sector for 9 years in the areas of volunteer support, finance and administration, payroll, benefits and in a Human Resources generalist capacity, prior to beginning her role with MBC as Acting Executive Director in 2010. With her international experience on the Board of the International Council of Multiple Birth Organizations (ICOMBO) and the International Society for Twin Studies (ISTS), her 25 years as a parent of twins and volunteer time with the Ottawa Chapter and with MBC, and her depth of understanding of the needs of multiple-birth families, she is ideally suited to lead MBC and represent the organization to our membership, stakeholders, media and to the public.

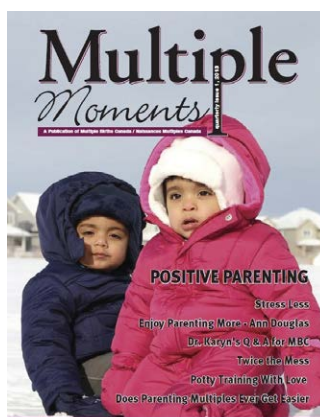
Kim has been Acting Executive Director since October 2010, and does an outstanding job fulfilling all the responsibilities of this demanding executive position, including managing the day to day operations of MBC while adhering to our long-term strategic plan and ensuring MBC's bylaws, policies and procedures are being followed. Kim continues to work closely with volunteers across Canada and leads our organization in growth and development of new resources to support Canadian multiple-birth families. Kim's ability to work on multiple projects simultaneously, using her wide range of organization and administration skills, writing, communications, public relations, social media and community engagement experience makes her an ideal candidate to manage the multiple roles of the Executive Director.

Kim typically volunteers many hours a week beyond her paid responsibilities, working on fundraising, conference planning, strategic planning, and communicating with the Board, volunteers, MBC members, corporate and public partners and the general public. Congratulations Kim on your newly appointed position!

Q1-13 Multiple Moments Posted!

Multiple Moments Issue Q1-13 - Positive Parenting is now posted in the [Member Section](#) of the MBC website. The link to the magazine can be found immediately after logging in. If you have forgotten your password please contact your Chapter or the MBC Office at office@multiplebirthscanada.org.

The focus of this issue is on positive parenting and features many wonderful articles, including some of the following:



- Stress Less-Enjoy Parenting More - Ann Douglas
- Dr. Karyn's Q & A for Multiples - Dr. Kayn Gordon
- 4 Fact Sheets from the Canadian Association of Family Resource Programs
- Articles on managing chores with your multiples, potty training with love, play therapy, is it a bad thing to have others look after your children, parenting in the sandwich generation, delivering preterm twins in a different province and more!
- As well as our usual columns from our Support Networks, Book Reviews, Q & A, Web Connections, etc.

Enjoy! As always, let us know what you think and how we can improve *Multiple Moments*, what topics you would like to see or if you are interested in writing an article in a future issue (more information on the next two can be found below).

Please send all comments or inquiries to the Acting MM Editor at mmeditor@multiplebirthscanada.org. Thank you!

Multiple Moments Call for Submissions and Deadlines

Q2-13 Issue

Deadline: April 21st (Extended Deadline)

Theme: *Looking Back...the Early Days!*

The idea of this theme is to look at the early part of parenting multiples including pregnancy, newborns and the first year of life. For older parents - reflect on your experiences as new parents and share suggestions.

Q & A - for the older siblings of multiples:

Q. What do you like most and least about being an older brother or sister to new twins, triplets or more in the family?

Q. Do you like to help take care of your brothers and sisters?

Q3 -13 Issue

Deadline: May 31st

Theme: *Meeting the Multiple Milestones!*

The idea of this theme is to look at the various milestones a family with multiples will face throughout their lives. How do you deal with your multiples not meeting milestones at the same time; teaching your children to read, speak or write; teens - issues that come with dating, school or learning to drive.

Q & A - for the multiples themselves!

Q. How do you feel about doing the same activity, classes or attending the same summer camps with your multiples?

Q. How do you feel when one of your multiple siblings is first to do something (i.e. first to ride a bike, first to date, first to drive)?

Please send the Q&A responses to the MM Editor at the email listed below.

If you have other topics in mind for either issue - please let us know! Please write with your expression of interest in writing for one of the upcoming issues to the MM Editor at mmeditor@multiplebirthscanada.org.

In our 35th year of supporting Canada's Multiple Birth Community!

www.multiplebirthscanada.org

Multiple Births Canada

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