



SLEEP BEHAVIORS FOR CHILDREN WITH AND WITHOUT CEREBRAL PALSY

The purpose of the study

- Our study proposes to compare caregivers' reports of sleep behaviors for Canadian children who are healthy and Canadian children diagnosed with cerebral palsy. We will also compare caregivers' reports of sleep behaviors for Canadian and Brazilian children who healthy and who have been diagnosed with cerebral palsy.

We are exploring children's sleep behavior in these two groups so that we can better understand parents' experiences of children's sleep and determine similarities and differences between samples of parents and children in two countries. More effective interventions may be developed from our findings to assist parents to help children develop healthy sleep patterns.

Who can participate in this study?

- English-speaking caregivers of a child with a diagnosis of cerebral palsy or of a healthy child, aged between 12 and 18 months.
- Caregivers of children are defined as living in the same residence as the child, and having access to the child's sleep / wake behavior during the night.

How can I participate in this study?

- You will use a link (<http://fluidsurveys.com/surveys/aninhanurse/sleep-in-children/>) to spend about 20 minutes to answer an online survey. The questionnaire requests information about your characteristics (10 questions), your child's characteristics (4 questions), and your perceptions of your child's sleep behavior. (10 questions). For parents of children with cerebral palsy, some questions about your child's condition and current treatment will be included (4 questions).

Your participation is entirely voluntary and confidential. For more information, please contact: Ana Luiza Lelis email: aninhanurse@hotmail.com or tel: (604) 780-1982.